

Lent Day 34

Morning Office (observed between 6-9am)

The Call to Prayer

Deliver me from my enemies, O my God;
protect me from those who rise up against me Ps. 59:1

The Request for Presence

Be exalted, O LORD, in your strength!
We will sing and praise your power. Ps 21:13

The Greeting

⁵ I wait for the LORD, my soul waits,
and in his word I hope; Ps 130:5

The Refrain for Morning Lesson

⁶ my soul waits for the Lord
more than those who watch for the morning,
more than those who watch for the morning. Ps.130:6

The Reading

13 When Pilate heard these words, he brought Jesus outside and sat on the judge's bench at a place called The Stone Pavement, or in Hebrew Gabbatha. ¹⁴Now it was the day of Preparation for the Passover; and it was about noon. He said to the Jews, 'Here is your King!' ¹⁵They cried out, 'Away with him! Away with him! Crucify him!' Pilate asked them, 'Shall I crucify your King?' The chief priests answered, 'We have no king but the emperor.' ¹⁶Then he handed him over to them to be crucified. John 19:13-16

The Refrain for Morning Lesson

⁶ my soul waits for the Lord
more than those who watch for the morning,
more than those who watch for the morning. Ps.130:6

Morning Psalm

⁶ Whatever the LORD pleases he does,
in heaven and on earth,
in the seas and all deeps.
⁷ He it is who makes the clouds rise at the end of the earth;
he makes lightnings for the rain
and brings out the wind from his storehouses. PS 135:6-7

The Refrain for Morning Lesson

⁶ my soul waits for the Lord
more than those who watch for the morning,
more than those who watch for the morning. Ps.130:6

Lord's Prayer

Prayer for the Week

As we enter the last week before Holy Week, Lord we pray that our Lenten journey will continue beyond Lent. We pray you prepare us to more fully understand this great love that you have for us. We pray that we will see Holy Week with fresh eyes and open hearts. Amen.

Concluding Prayer

I thank you creator of the universe, for your love, for your grace, for your mercy, for your presence. Walk with me today in the name of Jesus your Son our Lord, Amen.

Midday Office (observed 11am to 2 PM)

The Call to Prayer

Hear my cry, O God;
listen to my prayer. **Ps 61:1**

The request for Presence

The LORD is my strength and my shield;
in him my heart trusts; Ps. 28:7

Greeting

⁷ O Israel, hope in the LORD!
For with the LORD there is steadfast love,
and with him is great power to redeem. Ps. 130:7

Refrain for Midday Lesson

¹ Praise the LORD!
Praise the name of the LORD;
give praise, O servants of the LORD, Ps 135:1

Reading

So they took Jesus; ¹⁷and carrying the cross by himself, he went out to what is called The Place of the Skull, which in Hebrew is called Golgotha. ¹⁸There they crucified him, and with him two others, one on either side, with Jesus between them. ¹⁹Pilate also had an inscription written and put on the cross. It read, 'Jesus of Nazareth, the King of the Jews.' ²⁰Many of the Jews read this inscription, because the place where Jesus was crucified was near the city; and it was written in Hebrew, in Latin, and in Greek. ²¹Then the chief priests of the Jews said to Pilate, 'Do not write, "The King of the Jews", but, "This man said, I am King of the Jews."' ²²Pilate answered, 'What I have written I have written.' John 19:17-22

Refrain for Midday Lesson

¹ Praise the LORD!
Praise the name of the LORD;
give praise, O servants of the LORD, Ps 135:1

Midday Psalm

¹³ Your name, O LORD, endures for ever,
your renown, O LORD, throughout all ages.
¹⁴ For the LORD will vindicate his people,
and have compassion on his servants. Ps 135:13-14

Refrain for Midday Lesson

¹ Praise the LORD!
Praise the name of the LORD;
give praise, O servants of the LORD, Ps 135:1

Lord's Prayer

Prayer for the Week

As we enter the last week before Holy Week, Lord we pray that our Lenten journey will continue beyond Lent. We pray you prepare us to more fully understand this great love that you have for us. We pray that we will see Holy Week with fresh eyes and open hearts. Amen.

Concluding Prayer of the Church

Loving Lord, help me to see the joy in the simple things in life. Open my eyes, ears, and heart to the needs of those around me. Whatever happens today, remind me of your love and care. Amen.

Vespers Office (to be observed 7-10 pm)

Call to Prayer

O you who answer prayer!
To you all flesh shall come. Ps. 65:2

Request for Presence

May the LORD give strength to his people!
May the LORD bless his people with peace! Ps. 29:11

Greeting

³ Praise the LORD, for the LORD is good;
sing to his name, for he is gracious. Ps 135:3

Hymn

Verse 1

**Holy holy holy
Lord God Almighty
Early in the morning
Our song shall rise to Thee
Holy holy holy
Merciful and mighty
God in three persons
Blessed Trinity**

Verse 2

**Holy holy holy
All the saints adore Thee
Casting down their golden crowns
Around the glassy sea
Cherubim and seraphim
Falling down before Thee
Which wert and art
And evermore shalt be**

Refrain for Vesper Lesson

⁵ For I know that the LORD is great;
our Lord is above all gods. Ps 135:5

Vesper Psalm

¹⁹ O house of Israel, bless the LORD!
O house of Aaron, bless the LORD!
²⁰ O house of Levi, bless the LORD!
You that fear the LORD, bless the LORD!
²¹ Blessed be the LORD from Zion,
he who resides in Jerusalem.
Praise the LORD! Ps 135:19-21

Refrain for Vesper Lesson

⁵ For I know that the LORD is great;
our Lord is above all gods. Ps 135:5

Lord's Prayer

Prayer of the week

As we enter the last week before Holy Week, Lord we pray that our Lenten journey will continue beyond Lent. We pray you prepare us to more fully understand this great love that you have for us. We pray that we will see Holy Week with fresh eyes and open hearts. Amen.

Concluding Prayer of the Church

I thank You, my heavenly Father, through Jesus Christ, Your dear Son, that You have graciously kept me this day; and I pray that You would forgive me all my sins where I have done wrong, and graciously keep me this night. For into Your hands I commend myself, my body and soul, and all things. Let Your holy angel be with me, that the evil foe may have no power over me. Amen Martin Luther