

Lent Day 17

Morning Office (observed between 6-9am)

The Call to Prayer

The LORD answer you in the day of trouble!

The name of the God of Jacob protect you! Ps.20:1

The Request for Presence

Tremble, O earth, at the presence of the LORD,

at the presence of the God of Jacob, Ps 114:7

The Greeting

² Sing to the LORD, bless his name;

tell of his salvation from day to day. Ps 96:2

The Refrain for Morning Lesson

³ Declare his glory among the nations,

his marvellous works among all the peoples. Ps.96:3

The Reading

31 Then Jesus said to the Jews who had believed in him, 'If you continue in my word, you are truly my disciples; ³²and you will know the truth, and the truth will make you free.' ³³They answered him, 'We are descendants of Abraham and have never been slaves to anyone. What do you mean by saying, "You will be made free"?' ³⁴Jesus answered them, 'Very truly, I tell you, everyone who commits sin is a slave to sin. ³⁵The slave does not have a permanent place in the household; the son has a place there for ever. ³⁶So if the Son makes you free, you will be free indeed.

John 8:31-34

The Refrain for Morning Lesson

³ Declare his glory among the nations,

his marvellous works among all the peoples. Ps.96:3

Morning Psalm

⁴ For great is the LORD, and greatly to be praised;

he is to be revered above all gods.

⁵ For all the gods of the peoples are idols,

but the LORD made the heavens.

⁶ Honour and majesty are before him;

strength and beauty are in his sanctuary. Ps.96:4-6

The Refrain for Morning Lesson

³ Declare his glory among the nations,
his marvellous works among all the peoples. Ps.96:3

Lord's Prayer

Prayer for the Week

Lord God, as we enter our second week of Lent, give us the courage to examine our hearts. Help us to admit our sins of both doing and not doing. May we repent, turn again to you with great confidence that we will be forgiven and loved. Amen.

Concluding Prayer

Loving Lord, as the new day dawn fill my heart with compassion for the lost and the lonely. Protect people who are faced with everyday evil. As a troubled world is present, walk with me and give me comfort today in the name of Jesus your most precious Son. Amen.

Midday Office (observed 11am to 2 PM)

The Call to Prayer

To you, O LORD, I lift up my soul Ps.25:1

The request for Presence

Seek the LORD and his strength;
seek his presence continually. Ps. 105:4

Greeting

⁷ Ascribe to the LORD, O families of the peoples,
ascribe to the LORD glory and strength. Ps.97:7

Refrain for Midday Lesson

⁹ Worship the LORD in holy splendour;
tremble before him, all the earth. Ps.97:9

Reading

'Very truly, I tell you, anyone who does not enter the sheepfold by the gate but climbs in by another way is a thief and a bandit. ²The one who enters by the gate is the shepherd of the sheep. ³The gatekeeper opens the gate for him, and the sheep hear his voice. He calls his own sheep by name and leads them out. ⁴When he has brought out all his own, he goes ahead of them, and the sheep follow him because they know his voice. ⁵They will not follow a stranger, but they will run from him because they do not know the voice of strangers.' ⁶Jesus used this figure of speech with them, but they did not understand what he was saying to them. John10:1-6

Refrain for Midday Lesson

⁹ Worship the LORD in holy splendour;
tremble before him, all the earth. Ps.97:9

Midday Psalm

¹⁰ Say among the nations, 'The LORD is king!
The world is firmly established; it shall never be moved.
He will judge the peoples with equity.'

¹¹ Let the heavens be glad, and let the earth rejoice;
let the sea roar, and all that fills it;

¹² let the field exult, and everything in it.

Then shall all the trees of the forest sing for joy

¹³ before the LORD; for he is coming,
for he is coming to judge the earth.

He will judge the world with righteousness,
and the peoples with his truth. Ps.96:10-13

Refrain for Midday Lesson

⁹ Worship the LORD in holy splendour;
tremble before him, all the earth. Ps.97:9

Lord's Prayer

Prayer for the Week

Lord God, as we enter our second week of Lent, give us the courage to examine our hearts. Help us to admit our sins of both doing and not doing. May we repent, turn again to you with great confidence that we will be forgiven and loved. Amen.

Concluding Prayer of the Church

I am no longer my own, but yours. Put me to what you will, rank me with whom you will; put me to doing, put me to suffering; let me be employed for you, or laid aside for you, exalted for you, or brought low for you; let me be full, let me be empty, let me have all things, let me have nothing: I freely and wholeheartedly yield all things to your pleasure and disposal. And now, glorious and blessed God, Father, Son and Holy Spirit, you are mine and I am yours. So be it. And the covenant now made on earth, let it be ratified in heaven. Amen. John Wesley

Vespers Office (to be observed 7-10 pm)

Call to Prayer

To you, O LORD, I call;
my rock, do not refuse to hear me,
for if you are silent to me,
I shall be like those who go down to the Pit. Ps 28:1

Request for Presence

Worship the LORD with gladness;
come into his presence with singing. Ps.100:2

Greeting

¹ The LORD is king! Let the earth rejoice;
let the many coastlands be glad! Ps.97:1

Hymn: Amazing Grace

Verse 4

**Through many dangers toils and snares
I have already come
'Tis grace hath brought me safe thus far
And grace will lead me home**

Verse 5

**Yea when this flesh and heart shall fail
And mortal life shall cease
I shall possess within the veil
A life of joy and peace**

Verse 6

**When we've been there ten thousand years
Bright shining as the sun
We've no less days to sing God's praise
Than when we first begu**

Refrain for Vesper Lesson

⁶ The heavens proclaim his righteousness;
and all the peoples behold his glory Ps.97:6

Vesper Psalm

² Clouds and thick darkness are all around him;
righteousness and justice are the foundation of his throne.

³ Fire goes before him,
and consumes his adversaries on every side.

⁴ His lightnings light up the world;
the earth sees and trembles.

⁵ The mountains melt like wax before the LORD,
before the Lord of all the earth. Ps.97:2-5

Refrain for Vesper Lesson

⁶ The heavens proclaim his righteousness;
and all the peoples behold his glory Ps.97:6

Lord's Prayer

Prayer of the week

Lord God, as we enter our second week of Lent, give us the courage to examine our hearts. Help us to admit our sins of both doing and not doing. May we repent, turn again to you with great confidence that we will be forgiven and loved. Amen.

Concluding Prayer of the Church

O God, grant me serenity to accept the things I cannot change, courage to change the things I can and wisdom to know the difference;
living one day at a time, enjoying one moment at a time;
accepting hardship as a pathway to peace; Serenity Prayer
taking, as Jesus did, this sinful world as it is, not as I would have it;
trusting that You will make all things right if I surrender to Your will;
so that I may be reasonably happy in this life and supremely happy with You forever in the next. Amen.

--Reinhold Niebuh