

Lent Day 1 Ash Wednesday

Morning Office (observed between 6-9am)

The Call to Prayer

¹ Have mercy on me, O God,
according to your steadfast love;
according to your abundant mercy
blot out my transgressions. Ps 51:1

The Request for Presence

You show me the path of life.
In your presence there is fullness of joy;
in your right hand are pleasures for evermore Ps. 16:11

The Greeting

³ But you, O LORD, are a shield around me,
my glory, and the one who lifts up my head. Ps 3:3

The Refrain for Morning Lesson

⁷ Rise up, O LORD!
Deliver me, O my God! Ps 3:7

The Reading

Matthew 6:1-6

Beware of practicing your piety before others in order to be seen by them; for then you have no reward from your Father in heaven.² 'So whenever you give alms, do not sound a trumpet before you, as the hypocrites do in the synagogues and in the streets, so that they may be praised by others. Truly I tell you, they have received their reward. ³But when you give alms, do not let your left hand know what your right hand is doing, ⁴so that your alms may be done in secret; and your Father who sees in secret will reward you.⁵ 'And whenever you pray, do not be like the hypocrites; for they love to stand and pray in the synagogues and at the street corners, so that they may be seen by others. Truly I tell you, they have received their reward.⁶But whenever you pray, go into your room and shut the door and pray to your Father who is in secret; and your Father who sees in secret will reward you

The Refrain for Morning Lesson

⁷ Rise up, O LORD!
Deliver me, O my God! Ps 3:7

Morning Psalm

³ For I know my transgressions,
and my sin is ever before me.
⁴ Against you, you alone, have I sinned,
and done what is evil in your sight,
so that you are justified in your sentence
and blameless when you pass judgement.
⁵ Indeed, I was born guilty,
a sinner when my mother conceived me. Ps 51:3-5

The Refrain for Morning Lesson

⁷ Rise up, O LORD!
Deliver me, O my God! Ps 3:7

Lord's Prayer

Prayer for the Week

As we mark ourselves with ashes and the sign of the cross, we admit our wrongdoings and our human weaknesses. Remember the forgiveness and new life we have in Jesus Christ. Amen.

Concluding Prayer

I thank You, my heavenly Father, through Jesus Christ, Your dear Son, that You have kept me this night from all harm and danger; and I pray that You would keep me this day also from sin and every evil, that all my doings and life may please You. For into Your hands I commend myself, my body and soul, and all things. Let Your holy angel be with me, that the evil foe may have no power over me. Amen

Midday Office (observed 11am to 2 PM)

The Call to Prayer

The LORD has heard my supplication;
the LORD accepts my prayer Ps.6:9

The request for Presence

You bestow on him blessings forever;
you make him glad with the joy of your presence Ps. 21:6

Greeting

² Listen to the sound of my cry,
my King and my God,
for to you I pray Ps. 5:2

Refrain for Midday Lesson

¹¹ But let all who take refuge in you rejoice;
let them ever sing for joy. Ps. 5:11

Reading

Matthew 6:16-21

‘And whenever you fast, do not look dismal, like the hypocrites, for they disfigure their faces so as to show others that they are fasting. Truly I tell you, they have received their reward. But when you fast, put oil on your head and wash your face, so that your fasting may be seen not by others but by your Father who is in secret; and your Father who sees in secret will reward you. ‘Do not store up for yourselves treasures on earth, where moth and rust consume and where thieves break in and steal; but store up for yourselves treasures in heaven, where neither moth nor rust consumes and where thieves do not break in and steal. For where your treasure is, there your heart will be also.

Refrain for Midday Lesson

¹¹ But let all who take refuge in you rejoice;
let them ever sing for joy. Ps. 5:11

Midday Psalm

⁶ You desire truth in the inward being;
therefore teach me wisdom in my secret heart.
⁷ Purge me with hyssop, and I shall be clean;
wash me, and I shall be whiter than snow.
⁸ Let me hear joy and gladness;
let the bones that you have crushed rejoice.
⁹ Hide your face from my sins,
and blot out all my iniquities. Ps 51:6-9

Refrain for Midday Lesson

¹¹ But let all who take refuge in you rejoice;
let them ever sing for joy. Ps. 5:11

Lord's Prayer

Prayer for the Week

As we mark ourselves with ashes and the sign of the cross, we admit our wrongdoings and our human weaknesses. Remember the forgiveness and new life we have in Jesus Christ. Amen.

Concluding Prayer of the Church

By the miraculous and simple actions of God in the world, we are moved to offer thanks and glory for the light that the Son of God, Jesus Christ, shines in the world. Amen.

Vespers Office (to be observed 7-10 pm)

Call to Prayer

⁴ Turn, O LORD, save my life;
deliver me for the sake of your steadfast love. Ps. 6:4

Request for Presence

The LORD has heard my supplication;
the LORD accepts my prayer Ps. 6:9

Greeting

¹⁰ God is my shield,
who saves the upright in heart. Ps 7:10

Hymn: In The Cross of Christ I Glory

Verse 1

**In the cross of Christ I glory
Tow'ring o'er the wrecks of time
All the light of sacred story
Gathers round its head sublime**

Verse 2

**When the woes of life o'ertake me
Hopes deceive and fears annoy
Never shall the cross forsake me
Lo it glows with peace and joy**

Verse 3

**When the sun of bliss is beaming
Light and love upon my way**

**From the cross the radiance streaming
Adds more luster to the day**

Verse 4

**Bane and blessing pain and pleasure
By the cross are sanctified
Peace is there that knows no measure
Joys that through all time abide**

Refrain for Vesper Lesson

¹² Restore to me the joy of your salvation,
and sustain in me a willing spirit.

Vesper Psalm

¹⁵ O Lord, open my lips,
and my mouth will declare your praise.

¹⁶ For you have no delight in sacrifice;
if I were to give a burnt-offering, you would not be pleased.

¹⁷ The sacrifice acceptable to God is a broken spirit;
a broken and contrite heart, O God, you will not despise. Ps 51:15-17

Refrain for Vesper Lesson

¹² Restore to me the joy of your salvation,
and sustain in me a willing spirit.

Lord's Prayer

Prayer of the week

As we mark ourselves with ashes and the sign of the cross, we admit our wrongdoings and our human weaknesses. Remember the forgiveness and new life we have in Jesus Christ. Amen.

Concluding Prayer of the Church

Lent leads us – invites us – to have conversations about faith, our humanness, what it means to be Lutheran Christians, and the good news of Jesus Christ. We pray that God's Spirit will guide our discussions and free us to be curious, respectful and attentive to each person, and inspired to action. Amen.