

Lent Day 35

Morning Office (observed between 6-9am)

The Call to Prayer

But truly God has listened;

he has given heed to the words of my prayer. Ps.66:19

The Request for Presence

God is our refuge and strength,

a very present* help in trouble. Ps. 46:1

The Greeting

¹ O give thanks to the LORD, for he is good,
for his steadfast love endures for ever. Ps 136:1

The Refrain for Morning Lesson

² O give thanks to the God of gods,
for his steadfast love endures for ever. Ps 136:2

The Reading

²³When the soldiers had crucified Jesus, they took his clothes and divided them into four parts, one for each soldier. They also took his tunic; now the tunic was seamless, woven in one piece from the top. ²⁴So they said to one another, 'Let us not tear it, but cast lots for it to see who will get it.' This was to fulfil what the scripture says, 'They divided my clothes among themselves, and for my clothing they cast lots.'

²⁵And that is what the soldiers did. John 19:23-25

The Refrain for Morning Lesson

² O give thanks to the God of gods,
for his steadfast love endures for ever. Ps 136:2

Morning Psalm

⁶ who spread out the earth on the waters,
for his steadfast love endures for ever;

⁷ who made the great lights,
for his steadfast love endures for ever;

⁸ the sun to rule over the day,
for his steadfast love endures for ever;

⁹ the moon and stars to rule over the night,
for his steadfast love endures for ever; Ps 136:6-9

The Refrain for Morning Lesson

² O give thanks to the God of gods,
for his steadfast love endures for ever. Ps 136:2

Lord's Prayer

Prayer for the Week

As we enter the last week before Holy Week, Lord we pray that our Lenten journey will continue beyond Lent. We pray you prepare us to more fully understand this great love that you have for us. We pray that we will see Holy Week with fresh eyes and open hearts. Amen.

Concluding Prayer

Loving Lord, the new day awaits. May your Holy Spirit guide my ways today. May I be a reflection of your love to the world? Walk with me, protect me and equip me to make a difference today.

Midday Office (observed 11am to 2 PM)

The Call to Prayer

Blessed be God,
because he has not rejected my prayer
or removed his steadfast love from me Ps.66:20

The request for Presence

O my strength, I will watch for you;
for you, O God, are my fortress. Ps. 59:9

Greeting

³ O give thanks to the Lord of lords,
for his steadfast love endures for ever; Ps 136:3

Refrain for Midday Lesson

⁴ who alone does great wonders,
for his steadfast love endures for ever; Ps 136:4

Reading

Meanwhile, standing near the cross of Jesus were his mother, and his mother's sister, Mary the wife of Clopas, and Mary Magdalene. ²⁶When Jesus saw his mother and the disciple whom he loved standing beside her, he said to his mother, 'Woman, here is your son.' ²⁷Then he said to the disciple, 'Here is your mother.' And from that hour the disciple took her into his own home.

John 19:25-27

Refrain for Midday Lesson

⁴ who alone does great wonders,
for his steadfast love endures for ever; Ps 136:4

Midday Psalm

¹⁰ who struck Egypt through their firstborn,
for his steadfast love endures for ever;
¹¹ and brought Israel out from among them,
for his steadfast love endures for ever;
¹² with a strong hand and an outstretched arm,
for his steadfast love endures for ever;
¹³ who divided the Red Sea in two,
for his steadfast love endures for ever;
¹⁴ and made Israel pass through the midst of it,
for his steadfast love endures for ever;
¹⁵ but overthrew Pharaoh and his army in the Red Sea,
for his steadfast love endures for ever Ps 136:10-15

Refrain for Midday Lesson

⁴ who alone does great wonders,
for his steadfast love endures for ever; Ps 136:4

Lord's Prayer

Prayer for the Week

As we enter the last week before Holy Week, Lord we pray that our Lenten journey will continue beyond Lent. We pray you prepare us to more fully understand this great love that you have for us. We pray that we will see Holy Week with fresh eyes and open hearts. Amen.

Concluding Prayer of the Church

Dearest God of my life. What a blessing it is to know that you love me, created me and sustain me in my life. Help me to appreciate the many blessings you have given me. God you are amazing!

Vespers Office (to be observed 7-10 pm)

Call to Prayer

Save me, O God,
for the waters have come up to my neck. Ps. 69:1

Request for Presence

O my strength, I will sing praises to you,
for you, O God, are my fortress,
the God who shows me steadfast love. Ps 59:17

Greeting

⁵ who by understanding made the heavens,
for his steadfast love endures for ever; Ps 136:5

Hymn

Verse 3

**Holy holy holy
Though the darkness hide Thee
Though the eye of sinful man
Thy glory may not see
Only Thou art holy
There is none beside Thee
Perfect in power
In love and purity**

Verse 4

**Holy holy holy
Lord God Almighty
All Thy works shall praise Thy name
In earth and sky and sea
Holy holy holy
Merciful and mighty
God in three persons
Blessed Trinity**

Refrain for Vesper Lesson

²⁶ O give thanks to the God of heaven,
for his steadfast love endures for ever Ps 136:26

Vesper Psalm

²³ It is he who remembered us in our low estate,
for his steadfast love endures for ever;
²⁴ and rescued us from our foes,
for his steadfast love endures for ever;
²⁵ who gives food to all flesh,
for his steadfast love endures for ever. Ps 136:23-25

Refrain for Vesper Lesson

²⁶ O give thanks to the God of heaven,
for his steadfast love endures for ever Ps 136:26

Lord's Prayer

Prayer of the week

As we enter the last week before Holy Week, Lord we pray that our Lenten journey will continue beyond Lent. We pray you prepare us to more fully understand this great love that you have for us. We pray that we will see Holy Week with fresh eyes and open hearts. Amen.

Concluding Prayer of the Church

Dear Lord God, as I prepare to sleep after this day may you bless my dreams. May the night refresh me so I may have the energy to serve you tomorrow. I am truly blessed to have the God of the world notice me. Keep watch tonight and protect me from all harm and danger. Amen.