

Lent Day 31

Morning Office (observed between 6-9am)

The Call to Prayer

Therefore let all who are faithful
offer prayer to you;
at a time of distress,* the rush of mighty waters
shall not reach them Ps. 32:6

The Request for Presence

Worship the LORD with gladness;
come into his presence with singing. Ps 100:2

The Greeting

¹ In my distress I cry to the LORD,
that he may answer me: Ps 120:1

The Refrain for Morning Lesson

¹ I lift up my eyes to the hills—
from where will my help come?
² My help comes from the LORD,
who made heaven and earth. Ps 121:1-2

The Reading

19 Then the high priest questioned Jesus about his disciples and about his teaching. ²⁰Jesus answered, 'I have spoken openly to the world; I have always taught in synagogues and in the temple, where all the Jews come together. I have said nothing in secret. ²¹Why do you ask me? Ask those who heard what I said to them; they know what I said.' ²²When he had said this, one of the police standing nearby struck Jesus on the face, saying, 'Is that how you answer the high priest?' ²³Jesus answered, 'If I have spoken wrongly, testify to the wrong. But if I have spoken rightly, why do you strike me?' ²⁴Then Annas sent him bound to Caiaphas the high priest. John 18:19-24

The Refrain for Morning Lesson

¹ I lift up my eyes to the hills—
from where will my help come?
² My help comes from the LORD,
who made heaven and earth. Ps 121:1-2

Morning Psalm

A Song of Ascents. Of David.

¹ I was glad when they said to me,
‘Let us go to the house of the LORD!’

² Our feet are standing
within your gates, O Jerusalem. Ps 122:1-2

The Refrain for Morning Lesson

¹ I lift up my eyes to the hills—
from where will my help come?

² My help comes from the LORD,
who made heaven and earth. Ps 121:1-2

Lord’s Prayer

Prayer for the Week

Lord God, Creator of the Universe, Father of the Son, Lord of our Lives, as we enter week four of Lent deeper our commitment to you. Give us the faith to serve you in the world. Give us the faith to be Cross Bearers for the sake of the Gospel. Amen and Amen and Amen. Let it be so!

Concluding Prayer

Loving God, Sender of the Savior, Creator of all Life, may your peace be present among us. May your peace restore the wounds of the world. May your peace turn hate into love. Help us to be people of your peace. Amen.

Midday Office (observed 11am to 2 PM)

The Call to Prayer

Contend, O LORD, with those who contend with me;
fight against those who fight against me! Ps.35:1

The request for Presence

The children of your servants shall live secure;
their offspring shall be established in your presence. Ps 102:28

Greeting

⁴ He who keeps Israel
will neither slumber nor sleep. Ps 121:4

Refrain for Midday Lesson

⁵ The LORD is your keeper;
the LORD is your shade at your right hand. Ps 121:5

Reading

28 Then they took Jesus from Caiaphas to Pilate's headquarters. It was early in the morning. They themselves did not enter the headquarters, so as to avoid ritual defilement and to be able to eat the Passover. ²⁹So Pilate went out to them and said, 'What accusation do you bring against this man?' ³⁰They answered, 'If this man were not a criminal, we would not have handed him over to you.' ³¹Pilate said to them, 'Take him yourselves and judge him according to your law.' The Jews replied, 'We are not permitted to put anyone to death.' ³²(This was to fulfil what Jesus had said when he indicated the kind of death he was to die.) John 18:28-32

Refrain for Midday Lesson

⁵ The LORD is your keeper;
the LORD is your shade at your right hand. Ps 121:5

Midday Psalm

³ Jerusalem—built as a city
that is bound firmly together.

⁴ To it the tribes go up,
the tribes of the LORD,
as was decreed for Israel,
to give thanks to the name of the LORD.

⁵ For there the thrones for judgement were set up,
the thrones of the house of David Ps 122:3-5

Refrain for Midday Lesson

⁵ The LORD is your keeper;
the LORD is your shade at your right hand. Ps 121:5

Lord's Prayer

Prayer for the Week

Lord God, Creator of the Universe, Father of the Son, Lord of our Lives, as we enter week four of Lent deeper our commitment to you. Give us the faith to serve you in the world. Give us the faith to be Cross Bearers for the sake of the Gospel. Amen and Amen and Amen. Let it be so!

Concluding Prayer of the Church

Lord we pray for all those who are far from you. Use us dear God as a pathway to you. Provide us people to proclaim your name and the courage to speak words of wisdom. Holy Spirit, you are in control. You will bless the world with an abundant harvest. Give us confidence that you will bless our day. Amen.

Vespers Office (to be observed 7-10 pm)

Call to Prayer

Contend, O LORD, with those who contend with me;
fight against those who fight against me! Ps.35:13

Request for Presence

at the presence of the LORD, for he is coming
to judge the earth.
He will judge the world with righteousness,
and the peoples with equity. Ps.98:9

Greeting

⁷ The LORD will keep you from all evil;
he will keep your life. Ps.121:7

Hymn

Verse 1

**O Master let me walk with Thee
In lowly paths of service free
Tell me Thy secret
Help me bear the strain of toil
The fret of care**

Verse 2

**Help me the slow of heart to move
By some clear winning word of love
Teach me the wayward feet to stay
And guide them in the homeward way**

Verse 3

**Teach me Thy patience still with Thee
In closer dearer company
In work that keeps faith sweet and strong
In trust that triumphs over wrong**

Verse 4

**In hope that sends a shining ray
Far down the future's broad'ning way
In peace that only Thou canst give
With Thee O Master let me live**

Refrain for Vesper Lesson

⁸ The LORD will keep
your going out and your coming in
from this time on and for evermore. Ps 121:8

Vesper Psalm

- ⁶ Pray for the peace of Jerusalem:
‘May they prosper who love you.
⁷ Peace be within your walls,
and security within your towers.’
⁸ For the sake of my relatives and friends
I will say, ‘Peace be within you.’
⁹ For the sake of the house of the LORD our God,
I will seek your good. Ps 122:6-9

Refrain for Vesper Lesson

- ⁸ The LORD will keep
your going out and your coming in
from this time on and for evermore. Ps 121:8

Lord’s Prayer

Prayer of the week

Lord God, Creator of the Universe, Father of the Son, Lord of our Lives, as we enter week four of Lent deeper our commitment to you. Give us the faith to serve you in the world. Give us the faith to be Cross Bearers for the sake of the Gospel. Amen and Amen and Amen. Let it be so!

Concluding Prayer of the Church

Lord, help me to count blessings upon blessings you have given. Fill me with thankfulness and joy. Use me to bring those blessings to others. May you protect me throughout the night and may you grant me refreshing sleep and pleasant dreams. Amen.