

Lent Day 28

Morning Office (observed between 6-9am)

The Call to Prayer

The LORD has heard my supplication;
the LORD accepts my prayer. Ps. 6:9

The Request for Presence

Do not, O LORD, withhold
your mercy from me;
let your steadfast love and your faithfulness
keep me safe for ever Ps.40:11

The Greeting

³ O LORD, in the morning you hear my voice;
in the morning I plead my case to you, and watch. Ps.5:3

The Refrain for Morning Lesson

¹² For you bless the righteous, O LORD;
you cover them with favour as with a shield. Ps.5:12

The Reading

Comfort, O comfort my people,
says your God.

² Speak tenderly to Jerusalem,
and cry to her
that she has served her term,
that her penalty is paid,
that she has received from the LORD's hand
double for all her sins.

³ A voice cries out:

'In the wilderness prepare the way of the LORD,
make straight in the desert a highway for our God.

⁴ Every valley shall be lifted up,
and every mountain and hill be made low;
the uneven ground shall become level,
and the rough places a plain. Isaiah 40:1-4

The Refrain for Morning Lesson

¹² For you bless the righteous, O LORD;
you cover them with favour as with a shield. Ps.5:12

Morning Psalm

¹ O LORD, do not rebuke me in your anger,
or discipline me in your wrath.
² Be gracious to me, O LORD, for I am languishing;
O LORD, heal me, for my bones are shaking with terror.
³ My soul also is struck with terror,
while you, O LORD—how long?
⁴ Turn, O LORD, save my life;
deliver me for the sake of your steadfast love. Ps 6:1-4

The Refrain for Morning Lesson

¹² For you bless the righteous, O LORD;
you cover them with favour as with a shield. Ps.5:12

Lord's Prayer

Prayer for the Week

Lord God, Creator of the Universe, Father of the Son, Lord of our Lives, as we enter week four of Lent deeper our commitment to you. Give us the faith to serve you in the world. Give us the faith to be Cross Bearers for the sake of the Gospel. Amen and Amen and Amen. Let it be so!

Concluding Prayer

Creator God, Lord of the Universe, search my heart and direct my ways. Keep me safe and provide me the faith and courage to serve you this day. Amen.

Midday Office (observed 11am to 2 PM)

The Call to Prayer

Hear the voice of my supplication,
as I cry to you for help,
as I lift up my hands
towards your most holy sanctuary. Ps. 28:2

The request for Presence

Answer me, O LORD, for your steadfast love is good;
according to your abundant mercy, turn to me Ps.69:16

Greeting

⁷ But I, through the abundance of your steadfast love,
will enter your house,
I will bow down towards your holy temple
in awe of you Ps.5:7

Refrain for Midday Lesson

⁹ O LORD, our Sovereign,
how majestic is your name in all the earth! Ps.8:9

Reading

⁵ Then the glory of the LORD shall be revealed,
and all people shall see it together,
for the mouth of the LORD has spoken.'

⁶ A voice says, 'Cry out!'
And I said, 'What shall I cry?'

All people are grass,
their constancy is like the flower of the field.

⁷ The grass withers, the flower fades,
when the breath of the LORD blows upon it;
surely the people are grass.

⁸ The grass withers, the flower fades;
but the word of our God will stand for ever.

Isaiah 40:5-8

Refrain for Midday Lesson

⁹ O LORD, our Sovereign,
how majestic is your name in all the earth! Ps.8:9

Midday Psalm

¹ O LORD, our Sovereign,
how majestic is your name in all the earth!
You have set your glory above the heavens.

² Out of the mouths of babes and infants
you have founded a bulwark because of your foes,
to silence the enemy and the avenger.

³ When I look at your heavens, the work of your fingers,
the moon and the stars that you have established;

⁴ what are human beings that you are mindful of them,
mortals that you care for them? Ps.8:1-4

Refrain for Midday Lesson

⁹ O LORD, our Sovereign,
how majestic is your name in all the earth! Ps.8:9

Lord's Prayer

Prayer for the Week

Lord God, Creator of the Universe, Father of the Son, Lord of our Lives, as we enter week four of Lent deeper our commitment to you. Give us the faith to serve you in the world. Give us the faith to be Cross Bearers for the sake of the Gospel. Amen and Amen and Amen. Let it be so!

Concluding Prayer of the Church

Compassionate God, open my heart to the hurts of this world. Forgive me for both the things I do and the things I don't do. Fill me with thankfulness for the blessings of your love and my life. Amen.

Vespers Office (to be observed 7-10 pm)

Call to Prayer

I love the LORD, because he has heard
my voice and my supplications Ps. 116:1

Request for Presence

Let your mercy come to me, that I may live;
for your law is my delight. Ps. 119:117

Greeting

¹ I will give thanks to the LORD with my whole heart;
I will tell of all your wonderful deeds. Ps.9:1

Hymn:

Verse 1

**Lord of all hopefulness
Lord of all joy
Whose trust ever child-like
No cares could destroy
Be there at our waking
And give us we pray
Your bliss in our hearts Lord
At the break of the day**

Verse 2

**Lord of all eagerness
Lord of all faith
Whose strong hands were skilled
At the plane and the lathe
Be there at our labours
And give us we pray
Your strength in our hearts Lord
At the noon of the day**

Verse 3

**Lord of all kindness
Lord of all grace
Your hands swift to welcome
Your arms to embrace
Be there at our homing
And give us we pray
Your love in our hearts Lord
At the eve of the day**

Verse 4

**Lord of all gentleness
Lord of all calm
Whose voice is contentment
Whose presence is balm
Be there at our sleeping
And give us we pray
Your peace in our hearts Lord
At the end of the day**

Refrain for Vesper Lesson

² I will be glad and exult in you;
I will sing praise to your name, O Most High. Ps.9:2

Vesper Psalm

⁵ Yet you have made them a little lower than God,
and crowned them with glory and honour.
⁶ You have given them dominion over the works of your hands;
you have put all things under their feet,
⁷ all sheep and oxen,
and also the beasts of the field,
⁸ the birds of the air, and the fish of the sea,
whatever passes along the paths of the seas. Ps.8:5-8

Refrain for Vesper Lesson

² I will be glad and exult in you;
I will sing praise to your name, O Most High. Ps.9:2

Lord's Prayer

Prayer of the week

Lord God, Creator of the Universe, Father of the Son, Lord of our Lives, as we enter week four of Lent deeper our commitment to you. Give us the faith to serve you in the world. Give us the faith to be Cross Bearers for the sake of the Gospel. Amen and Amen and Amen. Let it be so!

Concluding Prayer of the Church

Amazing God, I marvel that you care for me. I marvel that your most precious Son would die and live for me. I marvel that you have a forever home for me. I can do nothing more but rest in your grace and mercy all made possible because your love. Amen.