

## **Lent Day 23**

### ***Morning Office (observed between 6-9am)***

#### ***The Call to Prayer***

In you, O LORD, I take refuge;  
let me never be put to shame Ps.71:1

#### **The Request for Presence**

Turn to me and be gracious to me;  
give your strength to your servant;  
save the child of your serving-maid. Ps.86:16

#### **The Greeting**

<sup>47</sup> Save us, O LORD our God,  
and gather us from among the nations,  
that we may give thanks to your holy name  
and glory in your praise. Ps.106:47

#### **The Refrain for Morning Lesson**

<sup>48</sup> Blessed be the LORD, the God of Israel,  
from everlasting to everlasting Ps.106:48A

#### **The Reading**

Now before the festival of the Passover, Jesus knew that his hour had come to depart from this world and go to the Father. Having loved his own who were in the world, he loved them to the end. <sup>2</sup>The devil had already put it into the heart of Judas son of Simon Iscariot to betray him. And during supper <sup>3</sup>Jesus, knowing that the Father had given all things into his hands, and that he had come from God and was going to God, <sup>4</sup>got up from the table, took off his outer robe, and tied a towel around himself. <sup>5</sup>Then he poured water into a basin and began to wash the disciples' feet and to wipe them with the towel that was tied around him. John 13:1-5

#### **The Refrain for Morning Lesson**

<sup>48</sup> Blessed be the LORD, the God of Israel,  
from everlasting to everlasting Ps.106:48A

## **Morning Psalm**

- <sup>1</sup> Do not be silent, O God of my praise.  
<sup>2</sup> For wicked and deceitful mouths are opened against me,  
speaking against me with lying tongues.  
<sup>3</sup> They beset me with words of hate,  
and attack me without cause.  
<sup>4</sup> In return for my love they accuse me,  
even while I make prayer for them.  
<sup>5</sup> So they reward me evil for good,  
and hatred for my love. Ps 109:1-5

## **The Refrain for Morning Lesson**

- <sup>48</sup> Blessed be the LORD, the God of Israel,  
from everlasting to everlasting Ps.106:48A

## **Lord's Prayer**

### **Prayer for the Week**

Lord God, as we enter our third week of Lent, may your Spirit examine our hearts. Help us to be honest with ourselves. Help us to admit our sin. Help us to Repent and turn to you. We know all have sinned and fall short of the Glory of God and that we need your grace and mercy. Amen.

### **Concluding Prayer**

I thank you creator of the universe, for your love, for your grace, for your mercy, for your presence. Walk with me today in the name of Jesus your Son our Lord, Amen

## **Midday Office (observed 11am to 2 PM)**

### **The Call to Prayer**

O God, do not keep silence;  
do not hold your peace or be still, O God! Ps.83:1

### **The request for Presence**

Sing aloud to God our strength;  
shout for joy to the God of Jacob. Ps 81:1

### **Greeting**

<sup>1</sup> My heart is steadfast, O God, my heart is steadfast;  
I will sing and make melody.  
Awake, my soul! Ps.108:1

### **Refrain for Midday Lesson**

And let all the people say, 'Amen.'  
Praise the LORD! Ps 106:48B

### **Reading**

<sup>6</sup>He came to Simon Peter, who said to him, 'Lord, are you going to wash my feet?' <sup>7</sup>Jesus answered, 'You do not know now what I am doing, but later you will understand.' <sup>8</sup>Peter said to him, 'You will never wash my feet.' Jesus answered, 'Unless I wash you, you have no share with me.' <sup>9</sup>Simon Peter said to him, 'Lord, not my feet only but also my hands and my head!' <sup>10</sup>Jesus said to him, 'One who has bathed does not need to wash, except for the feet, but is entirely clean. And you are clean, though not all of you.' <sup>11</sup>For he knew who was to betray him; for this reason he said, 'Not all of you are clean.'  
John 13:6-11

### **Refrain for Midday Lesson**

And let all the people say, 'Amen.'  
Praise the LORD! Ps 106:48B

## **Midday Psalm**

<sup>20</sup> May that be the reward of my accusers from the LORD,  
of those who speak evil against my life.

<sup>21</sup> But you, O LORD my Lord,  
act on my behalf for your name's sake;  
because your steadfast love is good, deliver me.

<sup>22</sup> For I am poor and needy,  
and my heart is pierced within me.

<sup>23</sup> I am gone like a shadow at evening;  
I am shaken off like a locust.

<sup>24</sup> My knees are weak through fasting;  
my body has become gaunt.

<sup>25</sup> I am an object of scorn to my accusers;  
when they see me, they shake their heads Ps.109:20-25

## **Refrain for Midday Lesson**

And let all the people say, 'Amen.'  
Praise the LORD! Ps 106:48B

## **Lord's Prayer**

### **Prayer for the Week**

Lord God, as we enter our third week of Lent, may your Spirit examine our hearts. Help us to be honest with ourselves. Help us to admit our sin. Help us to Repent and turn to you. We know all have sinned and fall short of the Glory of God and that we need your grace and mercy. Amen.

### **Concluding Prayer of the Church**

Loving Lord, help me to see the joy in the simple things in life. Open my eyes, ears, and heart to the needs of those around me. Whatever happens today, remind me of your love and care. Amen.

**Vespers Office (to be observed 7-10 pm)**

**Call to Prayer**

O LORD God of hosts, hear my prayer;  
give ear, O God of Jacob! Ps.84:8

**Request for Presence**

My flesh and my heart may fail,  
but God is the strength\* of my heart and my portion for ever.  
Ps.73:26

**Greeting**

<sup>5</sup> Be exalted, O God, above the heavens,  
and let your glory be over all the earth Ps.108:5

**Hymn: Just as I am without one plea**

**Verse 4**

**Just as I am Thy Love unknown  
Hath broken ev'ry barrier down  
Now to be Thine yes Thine alone  
O Lamb of God I come I come**

**Verse 5**

**Just as I am though tossed about  
With many a conflict many a doubt  
Fightings and fears within without  
O Lamb of God I come I come**

**Verse 6**

**Just as I am poor wretched blind  
Sight riches healing of the mind  
Yea all I need in Thee to find  
O Lamb of God I come I come**

**Refrain for Vesper Lesson**

<sup>4</sup> For your steadfast love is higher than the heavens,  
and your faithfulness reaches to the clouds. Ps 108:4

### **Vesper Psalm**

<sup>26</sup> Help me, O LORD my God!

Save me according to your steadfast love.

<sup>27</sup> Let them know that this is your hand;  
you, O LORD, have done it.

<sup>28</sup> Let them curse, but you will bless.

Let my assailants be put to shame; may your servant be glad.

<sup>29</sup> May my accusers be clothed with dishonour;  
may they be wrapped in their own shame as in a mantle.

<sup>30</sup> With my mouth I will give great thanks to the LORD;  
I will praise him in the midst of the throng.

<sup>31</sup> For he stands at the right hand of the needy,  
to save them from those who would condemn them to death.

Ps 109:26-31

### **Refrain for Vesper Lesson**

<sup>4</sup> For your steadfast love is higher than the heavens,  
and your faithfulness reaches to the clouds. Ps 108:4

### **Lord's Prayer**

#### **Prayer of the week**

Lord God, as we enter our third week of Lent, may your Spirit examine our hearts. Help us to be honest with ourselves. Help us to admit our sin. Help us to Repent and turn to you. We know all have sinned and fall short of the Glory of God and that we need your grace and mercy. Amen.

#### **Concluding Prayer of the Church**

Lent leads us – invites us – to have conversations about faith, our humanness, what it means to be Lutheran Christians, and the good news of Jesus Christ. We pray that God's Spirit will guide our discussions and free us to be curious, respectful and attentive to each person, and inspired to action. Amen.