

Lent Day 21

Morning Office (observed between 6-9am)

The Call to Prayer

Hear my cry, O God;
listen to my prayer Ps.61:1

The Request for Presence

Summon your might, O God;
show your strength, O God, as you have done for us before
Ps.6:28

The Greeting

³¹ May the glory of the LORD endure for ever;
may the LORD rejoice in his works— Ps 104:31

The Refrain for Morning Lesson

³³ I will sing to the LORD as long as I live;
I will sing praise to my God while I have being. Ps.104:33

The Reading

41 He sat down opposite the treasury, and watched the crowd putting money into the treasury. Many rich people put in large sums. ⁴²A poor widow came and put in two small copper coins, which are worth a penny. ⁴³Then he called his disciples and said to them, 'Truly I tell you, this poor widow has put in more than all those who are contributing to the treasury. ⁴⁴For all of them have contributed out of their abundance; but she out of her poverty has put in everything she had, all she had to live on.' Mark 12:41-44

The Refrain for Morning Lesson

³³ I will sing to the LORD as long as I live;
I will sing praise to my God while I have being. Ps.104:33

Morning Psalm

¹⁴ You cause the grass to grow for the cattle,
and plants for people to use,
to bring forth food from the earth,
¹⁵ and wine to gladden the human heart,
oil to make the face shine,
and bread to strengthen the human heart.

¹⁶ The trees of the LORD are watered abundantly,
the cedars of Lebanon that he planted.

¹⁷ In them the birds build their nests;
the stork has its home in the fir trees. Ps.104:14-17

The Refrain for Morning Lesson

³³ I will sing to the LORD as long as I live;
I will sing praise to my God while I have being. Ps.104:33

Lord's Prayer

Prayer for the Week

Lord God, as we enter our third week of Lent, may your Spirit examine our hearts. Help us to be honest with ourselves. Help us to admit our sin. Help us to Repent and turn to you. We know all have sinned and fall short of the Glory of God and that we need your grace and mercy. Amen.

Concluding Prayer

I thank You, my heavenly Father, through Jesus Christ, Your dear Son, that You have kept me this night from all harm and danger; and I pray that You would keep me this day also from sin and every evil, that all my doings and life may please You. For into Your hands I commend myself, my body and soul, and all things. Let Your holy angel be with me, that the evil foe may have no power over me. Amen

Midday Office (observed 11am to 2 PM)

The Call to Prayer

O you who answer prayer!
To you all flesh shall come. Ps.65:2

The request for Presence

O my strength, I will sing praises to you,
for you, O God, are my fortress,
the God who shows me steadfast love. Ps.59:17

Greeting

³⁴ May my meditation be pleasing to him,
for I rejoice in the LORD. Ps.104:34

Refrain for Midday Lesson

Bless the LORD, O my soul.
Praise the LORD! Ps.104:35B

Reading

Six days before the Passover Jesus came to Bethany, the home of Lazarus, whom he had raised from the dead. ²There they gave a dinner for him. Martha served, and Lazarus was one of those at the table with him. ³Mary took a pound of costly perfume made of pure nard, anointed Jesus' feet, and wiped them with her hair. The house was filled with the fragrance of the perfume. ⁴But Judas Iscariot, one of his disciples (the one who was about to betray him), said, ⁵'Why was this perfume not sold for three hundred denarii and the money given to the poor?' ⁶(He said this not because he cared about the poor, but because he was a thief; he kept the common purse and used to steal what was put into it.) ⁷Jesus said, 'Leave her alone. She bought it so that she might keep it for the day of my burial. ⁸You always have the poor with you, but you do not always have me. John 12:1-7

Refrain for Midday Lesson

Bless the LORD, O my soul.
Praise the LORD! Ps.104:35B

Midday Psalm

¹⁸ The high mountains are for the wild goats;
the rocks are a refuge for the coney.
¹⁹ You have made the moon to mark the seasons;
the sun knows its time for setting.
²⁰ You make darkness, and it is night,
when all the animals of the forest come creeping out.
²¹ The young lions roar for their prey,
seeking their food from God. Ps.104:18-21

Refrain for Midday Lesson

Bless the LORD, O my soul.
Praise the LORD! Ps.104:35B

Lord's Prayer

Prayer for the Week

Lord God, as we enter our third week of Lent, may your Spirit examine our hearts. Help us to be honest with ourselves. Help us to admit our sin. Help us to Repent and turn to you. We know all have sinned and fall short of the Glory of God and that we need your grace and mercy. Amen.

Concluding Prayer of the Church

Creator God, thank you for this morning and walking with me today. Fill me with your presence and open my eyes to the needs of your people. Amen.

Vespers Office (to be observed 7-10 pm)

Call to Prayer

But truly God has listened;

he has given heed to the words of my prayer. Ps.66:19

Request for Presence

O my strength, I will watch for you;

for you, O God, are my fortress. Ps 59:9

Greeting

¹ O give thanks to the LORD, call on his name,

make known his deeds among the peoples. Ps.105:1

Hymn

Verse 1

Just as I am without one plea

But that Thy Blood was shed for me

And that Thou bidd'st me come to Thee

O Lamb of God I come I come

Verse 2

Just as I am and waiting not

To rid my soul of one dark blot

To Thee Whose Blood can cleanse each spot

O Lamb of God I come I come

Verse 3

Just as I am Thou wilt receive

Wilt welcome pardon cleanse relieve

Because Thy Promise I believe

O Lamb of God I come I come

Refrain for Vesper Lesson

² Sing to him, sing praises to him;

tell of all his wonderful works. Ps.105:2

Vesper Psalm

²⁴ O LORD, how manifold are your works!
In wisdom you have made them all;
the earth is full of your creatures.

²⁵ Yonder is the sea, great and wide,
creeping things innumerable are there,
living things both small and great.

²⁶ There go the ships,
and Leviathan that you formed to sport in it Ps.104:24-26

Refrain for Vesper Lesson

² Sing to him, sing praises to him;
tell of all his wonderful works. Ps.105:2

Lord's Prayer

Prayer of the week

Lord God, as we enter our third week of Lent, may your Spirit examine our hearts. Help us to be honest with ourselves. Help us to admit our sin. Help us to Repent and turn to you. We know all have sinned and fall short of the Glory of God and that we need your grace and mercy. Amen.

Concluding Prayer of the Church

Almighty God, thank you for your love and presence throughout this day. May the night be filled with good refreshing sleep and may our night prepare us for the next day of serving you. Amen.