

## **Lent Day 20**

### ***Morning Office (observed between 6-9am)***

#### ***The Call to Prayer***

Have mercy on me, O God,  
according to your steadfast love;  
according to your abundant mercy  
blot out my transgressions Ps.51:1

#### **The Request for Presence**

God is our refuge and strength,  
a very present\* help in trouble. Ps.46:1

#### **The Greeting**

<sup>1</sup> Bless the LORD, O my soul,  
and all that is within me,  
bless his holy name. Ps 103:1

#### **The Refrain for Morning Lesson**

<sup>2</sup> Bless the LORD, O my soul,  
and do not forget all his benefits— Ps.103:2

#### **The Reading**

18 Some Sadducees, who say there is no resurrection, came to him and asked him a question, saying, <sup>19</sup>‘Teacher, Moses wrote for us that if a man’s brother dies, leaving a wife but no child, the man shall marry the widow and raise up children for his brother. <sup>20</sup>There were seven brothers; the first married and, when he died, left no children; <sup>21</sup>and the second married her and died, leaving no children; and the third likewise; <sup>22</sup>none of the seven left children. Last of all the woman herself died. <sup>23</sup>In the resurrection whose wife will she be? For the seven had married her.’

24 Jesus said to them, ‘Is not this the reason you are wrong, that you know neither the scriptures nor the power of God? <sup>25</sup>For when they rise from the dead, they neither marry nor are given in marriage, but are like angels in heaven. <sup>26</sup>And as for the dead being raised, have you not read in the book of Moses, in the story about the bush, how God said to him, “I am the God of Abraham, the God of Isaac, and the God of Jacob”? <sup>27</sup>He is God not of the dead, but of the living; you are quite wrong.’ Mark 12:18-27

### **The Refrain for Morning Lesson**

<sup>2</sup> Bless the LORD, O my soul,  
and do not forget all his benefits— Ps.103:2

### **Morning Psalm**

<sup>1</sup> Bless the LORD, O my soul.  
O LORD my God, you are very great.  
You are clothed with honour and majesty,  
<sup>2</sup> wrapped in light as with a garment.  
You stretch out the heavens like a tent,  
<sup>3</sup> you set the beams of your chambers on the waters,  
you make the clouds your chariot,  
you ride on the wings of the wind,  
<sup>4</sup> you make the winds your messengers,  
fire and flame your ministers. Ps.104:1-4

### **The Refrain for Morning Lesson**

<sup>2</sup> Bless the LORD, O my soul,  
and do not forget all his benefits— Ps.103:2

### **Lord's Prayer**

### **Prayer for the Week**

Lord God, as we enter our third week of Lent, may your Spirit examine our hearts. Help us to be honest with ourselves. Help us to admit our sin. Help us to Repent and turn to you. We know all have sinned and fall short of the Glory of God and that we need your grace and mercy. Amen.

### **Concluding Prayer**

Loving God, Sender of the Savior, Creator of all Life, may your peace be present among us. May your peace restore the wounds of the world. May your peace turn hate into love. Help us to be people of your peace. Amen.

## **Midday Office (observed 11am to 2 PM)**

### **The Call to Prayer**

Hear my prayer, O God;  
give ear to the words of my mouth. Ps.54:2

### **The request for Presence**

May the LORD give strength to his people!  
May the LORD bless his people with peace! Ps.29:11

### **Greeting**

<sup>11</sup> For as the heavens are high above the earth,  
so great is his steadfast love towards those who fear him;  
Ps 103.11

### **Refrain for Midday Lesson**

<sup>8</sup> The LORD is merciful and gracious,  
slow to anger and abounding in steadfast love.Ps.103:8

### **Reading**

28 One of the scribes came near and heard them disputing with one another, and seeing that he answered them well, he asked him, 'Which commandment is the first of all?' <sup>29</sup>Jesus answered, 'The first is, "Hear, O Israel: the Lord our God, the Lord is one; <sup>30</sup>you shall love the Lord your God with all your heart, and with all your soul, and with all your mind, and with all your strength."<sup>31</sup>The second is this, "You shall love your neighbour as yourself." There is no other commandment greater than these.' <sup>32</sup>Then the scribe said to him, 'You are right, Teacher; you have truly said that "he is one, and besides him there is no other"; <sup>33</sup>and "to love him with all the heart, and with all the understanding, and with all the strength", and "to love one's neighbour as oneself",—this is much more important than all whole burnt-offerings and sacrifices.' <sup>34</sup>When Jesus saw that he answered wisely, he said to him, 'You are not far from the kingdom of God.' After that no one dared to ask him any question  
Mark 12:28-34

### **Refrain for Midday Lesson**

<sup>8</sup> The LORD is merciful and gracious,  
slow to anger and abounding in steadfast love.Ps.103:8

## **Midday Psalm**

- <sup>5</sup> You set the earth on its foundations,  
so that it shall never be shaken.
- <sup>6</sup> You cover it with the deep as with a garment;  
the waters stood above the mountains.
- <sup>7</sup> At your rebuke they flee;  
at the sound of your thunder they take to flight.
- <sup>8</sup> They rose up to the mountains, ran down to the valleys  
to the place that you appointed for them.
- <sup>9</sup> You set a boundary that they may not pass,  
so that they might not again cover the earth Ps.104:5-9

## **Refrain for Midday Lesson**

- <sup>8</sup> The LORD is merciful and gracious,  
slow to anger and abounding in steadfast love.Ps.103:8

## **Lord's Prayer**

### **Prayer for the Week**

Lord God, as we enter our third week of Lent, may your Spirit examine our hearts. Help us to be honest with ourselves. Help us to admit our sin. Help us to Repent and turn to you. We know all have sinned and fall short of the Glory of God and that we need your grace and mercy. Amen.

### **Concluding Prayer of the Church**

Lord we pray for all those who are far from you. Use us dear God as a pathway to you. Provide us people to proclaim your name and the courage to speak words of wisdom. Holy Spirit, you are in control. You will bless the world with an abundant harvest. Give us confidence that you will bless our day. Amen.

## **Vespers Office (to be observed 7-10 pm)**

### **Call to Prayer**

Give ear to my prayer, O God;  
do not hide yourself from my supplication Ps.55:1

### **Request for Presence**

Ascribe to the LORD, O heavenly beings,\*  
ascribe to the LORD glory and strength Ps.29:1

### **Greeting**

<sup>19</sup> The LORD has established his throne in the heavens,  
and his kingdom rules over all Ps.103:19

### **Hymn**

#### **Verse 1**

**All praise to Thee my God this night  
For all the blessings of the light  
Keep me O keep me King of kings  
Beneath Thine own almighty wings**

#### **Verse 2**

**Forgive me Lord for Thy dear Son  
The ill that I this day have done  
That with the world myself and Thee  
I ere I sleep at peace may be**

#### **Verse 3**

**O may my soul on Thee repose  
And with sweet sleep my eyelids close  
Sleep that shall me more vig'rous make  
To serve my God when I awake**

#### **Verse 4**

**Praise God from whom all blessings flow  
Praise Him all creatures here below  
Praise Him above ye heavenly host  
Praise Father Son and Holy Ghost**

### **Verse 5**

**Teach me to live that I may dread  
The grave as little as my bed  
Teach me to die that I may rise  
Glorious at the awful day**

### **Refrain for Vesper Lesson**

<sup>12</sup> as far as the east is from the west,  
so far he removes our transgressions from us. Ps.103:12

### **Vesper Psalm**

<sup>10</sup> You make springs gush forth in the valleys;  
they flow between the hills,  
<sup>11</sup> giving drink to every wild animal;  
the wild asses quench their thirst.  
<sup>12</sup> By the streams the birds of the air have their habitation;  
they sing among the branches.  
<sup>13</sup> From your lofty abode you water the mountains;  
the earth is satisfied with the fruit of your work. Ps.104:10-13

### **Refrain for Vesper Lesson**

<sup>12</sup> as far as the east is from the west,  
so far he removes our transgressions from us. Ps.103:12

### **Lord's Prayer**

#### **Prayer of the week**

Lord God, as we enter our third week of Lent, may your Spirit examine our hearts. Help us to be honest with ourselves. Help us to admit our sin. Help us to Repent and turn to you. We know all have sinned and fall short of the Glory of God and that we need your grace and mercy. Amen.

#### **Concluding Prayer of the Church**

Lord, help me to count blessings upon blessings you have given. Fill me with thankfulness and joy. Use me to bring those blessings to others. May you protect me

throughout the night and may you grant me refreshing sleep and pleasant dreams.  
Amen.