

Lent Day 16

Morning Office (observed between 6-9am)

The Call to Prayer

The LORD has heard my supplication;
the LORD accepts my prayer. Ps. 6:9

The Request for Presence

the earth quaked, the heavens poured down rain
at the presence of God, the God of Sinai,
at the presence of God, the God of Israel. Ps.68:8

The Greeting

¹⁴ Those who love me, I will deliver;
I will protect those who know my name. Ps. 92:14

The Refrain for Morning Lesson

¹ It is good to give thanks to the LORD,
to sing praises to your name, O Most High; Ps.92:1

The Reading

⁷When they kept on questioning him, he straightened up and said to them, 'Let anyone among you who is without sin be the first to throw a stone at her.' ⁸And once again he bent down and wrote on the ground. ⁹When they heard it, they went away, one by one, beginning with the elders; and Jesus was left alone with the woman standing before him. ¹⁰Jesus straightened up and said to her, 'Woman, where are they? Has no one condemned you?' ¹¹She said, 'No one, sir.' And Jesus said, 'Neither do I condemn you. Go your way, and from now on do not sin again.' John 8:7-11

The Refrain for Morning Lesson

¹ It is good to give thanks to the LORD,
to sing praises to your name, O Most High; Ps.92:1

Morning Psalm

- ¹ The LORD is king, he is robed in majesty;
the LORD is robed, he is girded with strength.
He has established the world; it shall never be moved;
- ² your throne is established from of old;
you are from everlasting.
- ³ The floods have lifted up, O LORD,
the floods have lifted up their voice;
the floods lift up their roaring.
- ⁴ More majestic than the thunders of mighty waters,
more majestic than the waves of the sea,
majestic on high is the LORD!
- ⁵ Your decrees are very sure;
holiness befits your house,
O LORD, for evermore. Ps.93

The Refrain for Morning Lesson

- ¹ It is good to give thanks to the LORD,
to sing praises to your name, O Most High; Ps.92:1

Lord's Prayer

Prayer for the Week

Lord God, as we enter our second week of Lent, give us the courage to examine our hearts. Help us to admit our sins of both doing and not doing. May we repent, turn again to you with great confidence that we will be forgiven and loved. Amen.

Concluding Prayer

Lord Have Mercy. Christ Have Mercy. Lord Have Mercy. Walk with me today. I seek only your presence for this day. Amen.

Midday Office (observed 11am to 2 PM)

The Call to Prayer

How long, O LORD? Will you forget me for ever?

How long will you hide your face from me? Ps. 13:1

The request for Presence

Let us come into his presence with thanksgiving;

let us make a joyful noise to him with songs of praise! Ps.95:2

Greeting

⁴ For you, O LORD, have made me glad by your work;
at the works of your hands I sing for joy. Ps.92:4

Refrain for Midday Lesson

⁵ How great are your works, O LORD!
Your thoughts are very deep! Ps.92:5

Reading

12 Again Jesus spoke to them, saying, 'I am the light of the world. Whoever follows me will never walk in darkness but will have the light of life.' John 8:12

Refrain for Midday Lesson

⁵ How great are your works, O LORD!
Your thoughts are very deep! Ps.92:5

Midday Psalm

¹ O come, let us sing to the LORD;
let us make a joyful noise to the rock of our salvation!
² Let us come into his presence with thanksgiving;
let us make a joyful noise to him with songs of praise!
³ For the LORD is a great God,
and a great King above all gods.
⁴ In his hand are the depths of the earth;
the heights of the mountains are his also.
⁵ The sea is his, for he made it,
and the dry land, which his hands have formed. Ps.95:1-5

Refrain for Midday Lesson

⁵ How great are your works, O LORD!
Your thoughts are very deep! Ps.92:5

Lord's Prayer

Prayer for the Week

Lord God, as we enter our second week of Lent, give us the courage to examine our hearts. Help us to admit our sins of both doing and not doing. May we repent, turn again to you with great confidence that we will be forgiven and loved. Amen.

Concluding Prayer of the Church

Lord God, my soul longs for you. May your Holy Spirit fill me with joy and wonder. May I celebrate your great love in the name of Jesus Christ our Lord. Amen

Vespers Office (to be observed 7-10 pm)

Call to Prayer

Hear a just cause, O LORD; attend to my cry;
give ear to my prayer from lips free of deceit Ps.17:1

Request for Presence

O LORD, God of my salvation,
when, at night, I cry out in your presence, Ps.88:1

Greeting

¹ O sing to the LORD a new song;
sing to the LORD, all the earth Ps.96:1

Hymn: Amazing Grace vs 1-3

Verse 1

**Amazing grace how sweet the sound
That saved a wretch like me
I once was lost but now am found
Was blind but now I see**

Verse 2

**'Twas grace that taught my heart to fear
And grace my fears relieved
How precious did that grace appear
The hour I first believed**

Verse 3

**The Lord has promised good to me
His Word my hope secures
He will my shield and portion be
As long as life endure**

Refrain for Vesper Lesson

¹⁵ showing that the LORD is upright;
he is my rock, and there is no unrighteousness in him Ps.92:15

Vesper Psalm

⁶ O come, let us worship and bow down,
let us kneel before the LORD, our Maker!
⁷ For he is our God,
and we are the people of his pasture,
and the sheep of his hand. Ps.95:6-7

Refrain for Vesper Lesson

¹⁵ showing that the LORD is upright;
he is my rock, and there is no unrighteousness in him Ps.92:15

Lord's Prayer

Prayer of the week

Lord God, as we enter our second week of Lent, give us the courage to examine our hearts. Help us to admit our sins of both doing and not doing. May we repent, turn again to you with great confidence that we will be forgiven and loved. Amen.

Concluding Prayer of the Church

"Lord, make me an instrument of thy peace.
Where there is hatred, let me sow love;
Where there is injury, pardon;
Where there is doubt, faith;
Where there is despair, hope;
Where there is darkness, light;
Where there is sadness, joy.

O divine Master, grant that I may not so much seek
To be consoled as to console,
To be understood as to understand,
To be loved as to love;
For it is in giving that we receive;

It is in pardoning that we are pardoned;
It is in dying to self that we are born to eternal life