

## **Lent Day 15**

### ***Morning Office (observed between 6-9am)***

#### ***The Call to Prayer***

But as for me, my prayer is to you, O LORD.

At an acceptable time, O God,

in the abundance of your steadfast love, answer me.

With your faithful help Ps.69:13

#### **The Request for Presence**

Great is the LORD and greatly to be praised  
in the city of our God.

His holy mountain, Ps. 48:1

#### **The Greeting**

<sup>1</sup> O God, you are my God, I seek you,  
my soul thirsts for you; Ps. 63:1

#### **The Refrain for Morning Lesson**

<sup>5</sup> Give victory with your right hand, and answer us,  
so that those whom you love may be rescued. Ps. 60:5

#### **The Reading**

<sup>3</sup> I thank my God every time I remember you, <sup>4</sup>constantly praying with joy in every one of my prayers for all of you, <sup>5</sup>because of your sharing in the gospel from the first day until now. <sup>6</sup>I am confident of this, that the one who began a good work among you will bring it to completion by the day of Jesus Christ. <sup>7</sup>It is right for me to think this way about all of you, because you hold me in your heart, for all of you share in God's grace with me, both in my imprisonment and in the defence and confirmation of the gospel. <sup>8</sup>For God is my witness, how I long for all of you with the compassion of Christ Jesus. <sup>9</sup>And this is my prayer, that your love may overflow more and more with knowledge and full insight <sup>10</sup>to help you to determine what is best, so that on the day of Christ you may be pure and blameless, <sup>11</sup>having produced the harvest of righteousness that comes through Jesus Christ for the glory and praise of God Phil:1:3-11

#### **The Refrain for Morning Lesson**

<sup>5</sup> Give victory with your right hand, and answer us,  
so that those whom you love may be rescued. Ps. 60:5

## **Morning Psalm**

- <sup>1</sup> O God, you are my God, I seek you,  
my soul thirsts for you;  
my flesh faints for you,  
as in a dry and weary land where there is no water.
- <sup>2</sup> So I have looked upon you in the sanctuary,  
beholding your power and glory.
- <sup>3</sup> Because your steadfast love is better than life,  
my lips will praise you.
- <sup>4</sup> So I will bless you as long as I live;  
I will lift up my hands and call on your name. Ps.63:1-4

## **The Refrain for Morning Lesson**

- <sup>5</sup> Give victory with your right hand, and answer us,  
so that those whom you love may be rescued. Ps. 60:5

## **Lord's Prayer**

### **Prayer for the Week**

As we enter our first full week of Lent, Lord please help me to be mindful of you. May your spirit discern my heart, help me to be aware of my need for you. Teach me where you need me to go and help me to become the person you need me to be. In the name of your most precious Son, our Savior, Lord Jesus. Amen.

### **Concluding Prayer**

Lord, in the busyness of day to day activities, help us to slow down and invite you into our lives. Quiet our minds and souls this day, so we may see your activity, rest with you beside calm waters and know that whatever this day may bring, you are with us. Amen.

## **Midday Office (observed 11am to 2 PM)**

### **The Call to Prayer**

Be pleased, O God, to deliver me.  
O LORD, make haste to help me! Ps. 70:1

### **The request for Presence**

Summon your might, O God;  
show your strength, O God, as you have done for us before Ps.68:28

### **Greeting**

<sup>7</sup> for you have been my help,  
and in the shadow of your wings I sing for joy. Ps.63:7

### **Refrain for Midday Lesson**

<sup>8</sup> My soul clings to you;  
your right hand upholds me. Ps.63:8

### **Reading**

If then there is any encouragement in Christ, any consolation from love, any sharing in the Spirit, any compassion and sympathy, <sup>2</sup>make my joy complete: be of the same mind, having the same love, being in full accord and of one mind. <sup>3</sup>Do nothing from selfish ambition or conceit, but in humility regard others as better than yourselves. <sup>4</sup>Let each of you look not to your own interests, but to the interests of others Phil 2:1-4

### **Refrain for Midday Lesson**

<sup>8</sup> My soul clings to you;  
your right hand upholds me. Ps.63:8

### **Midday Psalm**

<sup>5</sup> By awesome deeds you answer us with deliverance,  
O God of our salvation;  
you are the hope of all the ends of the earth  
and of the farthest seas.

<sup>6</sup> By your strength you established the mountains;  
you are girded with might.

<sup>7</sup> You silence the roaring of the seas,  
the roaring of their waves,  
the tumult of the peoples.

<sup>8</sup> Those who live at earth's farthest bounds are awed by your signs;  
you make the gateways of the morning and the evening shout for joy. Ps.65:5-8

### **Refrain for Midday Lesson**

<sup>8</sup> My soul clings to you;  
your right hand upholds me. Ps.63:8

### **Lord's Prayer**

### **Prayer for the Week**

As we enter our first full week of Lent, Lord please help me to be mindful of you. May your spirit discern my heart, help me to be aware of my need for you. Teach me where you need me to go and help me to become the person you need me to be. In the name of your most precious Son, our Savior, Lord Jesus. Amen.

## **Concluding Prayer of the Church**

Lord there are times when I center my life on you. There are too often times when I center my life on myself. Forgive my sin. Keep my steps moving with you and toward you. Please remove the distractions that cause me to look elsewhere. Fill me with wonder and awe at your presence. Amen.

## **Vespers Office (to be observed 7-10 pm)**

### **Call to Prayer**

In you, O LORD, I take refuge;  
let me never be put to shame. Ps.71:1

### **Request for Presence**

Awesome is God in his<sup>\*</sup> sanctuary,  
the God of Israel;  
he gives power and strength to his people. Ps.68:25

### **Greeting**

<sup>1</sup> Make a joyful noise to God, all the earth; Ps.66:1

## **Hymn Beneath the Cross of Jesus**

### **Verse 1**

Beneath the cross of Jesus  
I fain would take my stand  
The shadow of a mighty rock  
Within a weary land  
A home within the wilderness  
A rest upon the way  
From the burning of the noontide heat  
And the burden of the day

### **Verse 2**

There lies beneath its shadow  
But on the farther side  
The darkness of an awful grave  
That gapes both deep and wide  
And there between us stands the cross  
Two arms outstretched to save

Like a watchman set to guard the way  
From that eternal grave

### **Verse 3**

Upon the cross of Jesus  
Mine eyes at times can see  
The very dying form of One  
Who suffered there for me  
And from my smitten heart with tears  
These wonders I confess  
The wonder of His glorious love  
And my unworthiness

### **Verse 4**

I take O cross thy shadow  
For my abiding place  
I ask no other sunshine than  
The sunshine of His face  
Content to let the world go by  
To know no gain nor loss  
My sinful self my only shame  
My glory all the cross

### **Verse 5**

O safe and happy shelter  
O refuge tried and sweet  
O trysting place where heaven's love  
And heaven's justice meet  
As to the holy patriarch  
That wondrous dream was giv'n  
So seems my Saviour's cross to me  
A ladder up to heav'n

### **Refrain for Vesper Lesson**

<sup>4</sup> All the earth worships you;  
they sing praises to you, sing praises to your name. Ps.66:4

### **Vesper Psalm**

<sup>8</sup> Bless our God, O peoples,  
let the sound of his praise be heard,  
<sup>9</sup> who has kept us among the living,  
and has not let our feet slip.  
<sup>10</sup> For you, O God, have tested us;  
you have tried us as silver is tried.  
<sup>11</sup> You brought us into the net;  
you laid burdens on our backs;  
<sup>12</sup> you let people ride over our heads;  
we went through fire and through water;  
yet you have brought us out to a spacious place. Ps.66:8-12

### **Refrain for Vesper Lesson**

<sup>4</sup> All the earth worships you;  
they sing praises to you, sing praises to your name. Ps.66:4

### **Lord's Prayer**

#### **Prayer of the week**

As we enter our first full week of Lent, Lord please help me to be mindful of you. May your spirit discern my heart, help me to be aware of my need for you. Teach me where you need me to go and help me to become the person you need me to be. In the name of your most precious Son, our Savior, Lord Jesus. Amen.

#### **Concluding Prayer of the Church**

Almighty God, remove our fear. Fill us with faith. Grant us trust. Move us to Belief. For you dear God are all that we ever need. Help us to sleep well, as we await the morning of another God filled day. Amen.