

Lent Day 6

Morning Office (observed between 6-9am)

The Call to Prayer

Save me, O God, by your name,
and vindicate me by your might. Ps.54:1

The Request for Presence

²² Let your steadfast love, O LORD, be upon us,
even as we hope in you Ps 33:22

The Greeting

⁸ I delight to do your will, O my God;
your law is within my heart.' Ps 40:8

The Refrain for Morning Lesson

¹¹ Do not, O LORD, withhold
your mercy from me;
let your steadfast love and your faithfulness
keep me safe for ever. Ps.40:11

The Reading

Mark 10:17-24 (Narrative Lesson for Next Sunday)

¹⁷ As he was setting out on a journey, a man ran up and knelt before him, and asked him, 'Good Teacher, what must I do to inherit eternal life?' ¹⁸Jesus said to him, 'Why do you call me good? No one is good but God alone. ¹⁹You know the commandments: "You shall not murder; You shall not commit adultery; You shall not steal; You shall not bear false witness; You shall not defraud; Honour your father and mother." ' ²⁰He said to him, 'Teacher, I have kept all these since my youth.' ²¹Jesus, looking at him, loved him and said, 'You lack one thing; go, sell what you own, and give the money to the poor, and you will have treasure in heaven; then come, follow me.' ²²When he heard this, he was shocked and went away grieving, for he had many possessions. ²³ Then Jesus looked around and said to his disciples, 'How hard it will be for those who have wealth to enter the kingdom of God!' ²⁴And the disciples were perplexed at these words. But Jesus said to them again, 'Children, how hard it is to enter the kingdom of God!

The Refrain for Morning Lesson

¹¹ Do not, O LORD, withhold
your mercy from me;
let your steadfast love and your faithfulness
keep me safe for ever. Ps.40:11

Morning Psalm

¹³ Be pleased, O LORD, to deliver me;
O LORD, make haste to help me.
¹⁴ Let all those be put to shame and confusion
who seek to snatch away my life;
let those be turned back and brought to dishonour
who desire my hurt.
¹⁵ Let those be appalled because of their shame
who say to me, 'Aha, Aha!'
¹⁶ But may all who seek you
rejoice and be glad in you;
may those who love your salvation
say continually, 'Great is the LORD!'
¹⁷ As for me, I am poor and needy,
but the Lord takes thought for me.
You are my help and my deliverer;
do not delay, O my God. Ps.40:13-17

The Refrain for Morning Lesson

¹¹ Do not, O LORD, withhold
your mercy from me;
let your steadfast love and your faithfulness
keep me safe for ever. Ps.40:11

Lord's Prayer

Prayer for the Week

As we enter our first full week of Lent, Lord please help me to be mindful of you. May your spirit discern my heart, help me to be aware of my need for you. Teach me where you need me to go and help me to become the person you need me to be. In the name of your most precious Son, our Savior, Lord Jesus. Amen.

Concluding Prayer

Lord Have Mercy. Christ Have Mercy. Lord Have Mercy. Walk with me today. I seek only your presence for this day. Amen.

Midday Office (observed 11am to 2 PM)

The Call to Prayer

Hear my **prayer**, O God;
give ear to the words of my mouth. Ps.54:2

The request for Presence

Surely the righteous shall give thanks to your name;
the upright shall live in your **presence**. Ps 140:13

Greeting

Blessed be the LORD, the God of Israel,
from everlasting to everlasting. Amen and Amen. Ps 41:13

Refrain for Midday Lesson

² My soul thirsts for God,
for the living God. Ps.42:2

Reading

Mark 10:25-34 Narrative Lesson for Next Sunday

²⁵It is easier for a camel to go through the eye of a needle than for someone who is rich to enter the kingdom of God.' ²⁶They were greatly astounded and said to one another, 'Then who can be saved?' ²⁷Jesus looked at them and said, 'For mortals it is impossible, but not for God; for God all things are possible.'²⁸ Peter began to say to him, 'Look, we have left everything and followed you.'²⁹ Jesus said, 'Truly I tell you, there is no one who has left house or brothers or sisters or mother or father or children or fields, for my sake and for the sake of the good news, ³⁰who will not receive a hundredfold now in this age—houses, brothers and sisters, mothers and children, and fields, with persecutions—and in the age to come eternal life. ³¹But many who are first will be last, and the last will be first.'³² They were on the road, going up to Jerusalem, and Jesus was walking ahead of them; they were amazed, and those who followed were afraid. He took the twelve aside again and began to tell them what was to happen to him, ³³saying, 'See, we are going up to Jerusalem, and the Son of Man will be handed over to the chief priests and the scribes, and they will condemn him to death; then they will hand him over to the Gentiles; ³⁴they will mock him, and spit upon him, and flog him, and kill him; and after three days he will rise again.'

Refrain for Midday Lesson

² My soul thirsts for God,
for the living God. Ps.42:2

Midday Psalm

³ O send out your light and your truth;
let them lead me;
let them bring me to your holy hill
and to your dwelling.

⁴ Then I will go to the altar of God,
to God my exceeding joy;
and I will praise you with the harp,
O God, my God. Ps.43:3-4

Refrain for Midday Lesson

² My soul thirsts for God,
for the living God. Ps.42:2

Lord's Prayer

Prayer for the Week

As we enter our first full week of Lent, Lord please help me to be mindful of you. May your spirit discern my heart, help me to be aware of my need for you. Teach me where you need me to go and help me to become the person you need me to be. In the name of your most precious Son, our Savior, Lord Jesus. Amen.

Concluding Prayer of the Church

Lord God, my soul longs for you. May your Holy Spirit fill me with joy and wonder. May I celebrate your great love in the name of Jesus Christ our Lord. Amen.

Vespers Office (to be observed 7-10 pm)

Call to Prayer

Give ear to my **prayer**, O God;
do not hide yourself from my supplication. Ps 55:1

Request for Presence

O LORD, you will hear the desire of the meek;
you will **strengthen** their heart, you will incline your ear Ps.10:17

Greeting

God is our refuge and strength,
a very present help in trouble. Ps.46:1

Hymn

Verse 1

**What wondrous love is this
O my soul O my soul
What wondrous love is this O my soul
What wondrous love is this
That caused the Lord of bliss
To bear the dreadful curse for my soul for my soul
To bear the dreadful curse for my soul**

Verse 2

**When I was sinking down
Sinking down sinking down
When I was sinking down sinking down
When I was sinking down
Beneath God's righteous frown
Christ laid aside His crown for my soul for my soul
Christ laid aside His crown for my soul**

Verse 3

**To God and to the Lamb
I will sing I will sing
To God and to the Lamb I will sing
To God and to the Lamb
Who is the Great I Am
While millions join the theme
I will sing I will sing
While millions join the theme I will sing**

Verse 4

**And when from death I'm free
I'll sing on I'll sing on
And when from death I'm free I'll sing on
And when from death I'm free
I'll sing and joyful be**

**And thro' eternity I'll sing on I'll sing on
And thro' eternity I'll sing on, I'll sing on.**

Refrain for Vesper Lesson

⁷ The LORD of hosts is with us;
the God of Jacob is our refuge. Ps.46:7

Vesper Psalm

To the leader. Of the Korahites. A Psalm.

- ¹ Clap your hands, all you peoples;
shout to God with loud songs of joy.
- ² For the LORD, the Most High, is awesome,
a great king over all the earth.
- ³ He subdued peoples under us,
and nations under our feet.
- ⁴ He chose our heritage for us,
the pride of Jacob whom he loves.

Selah

- ⁵ God has gone up with a shout,
the LORD with the sound of a trumpet.
- ⁶ Sing praises to God, sing praises;
sing praises to our King, sing praises.
- ⁷ For God is the king of all the earth;
sing praises with a psalm.
- ⁸ God is king over the nations;
God sits on his holy throne.
- ⁹ The princes of the peoples gather
as the people of the God of Abraham.
- For the shields of the earth belong to God;
he is highly exalted Psalm 47

Refrain for Vesper Lesson

⁷ The LORD of hosts is with us;
the God of Jacob is our refuge. Ps.46:7

Lord's Prayer

Prayer of the week

As we enter our first full week of Lent, Lord please help me to be mindful of you. May your spirit discern my heart, help me to be aware of my need for you. Teach me where you need me to go and help me to become the person you need me to be. In the name of your most precious Son, our Savior, Lord Jesus. Amen.

Concluding Prayer of the Church

"Lord, make me an instrument of thy peace.

Where there is hatred, let me sow love;

Where there is injury, pardon;

Where there is doubt, faith;

Where there is despair, hope;

Where there is darkness, light;

Where there is sadness, joy.

O divine Master, grant that I may not so much seek

To be consoled as to console,

To be understood as to understand,

To be loved as to love;

For it is in giving that we receive;

It is in pardoning that we are pardoned;

It is in dying to self that we are born to eternal life